

NOW YOU ARE PLANNING FOR A DEKA LASER TREATMENT:

How exciting to be taking steps toward better skin. In planning this procedure our office has looked at how to bring the optimal results and will guide you in this process.

An important part of better skin is bringing the best skin care to you. We recommend our patients set up a consultation time with our aesthetician.

There are protocols that will enhance your laser treatment and she can find one that will cater to you, your skin type, and what is desired for improvement. It helps to begin a retinol and a growth factor cream 2 to 3 months prior to laser day. You will discontinue products that have active treatment 5 days prior to laser day.

If you are prone to hyperpigmentation (darker colors on your skin) Dr Barber likes for you to be on a individually tailored skin care protocol for 3 months prior to your scheduled laser date.

Chemical peels will help by removing excess accumulation of dead skin cells from the top layers of your skin which allows the laser to penetrate better. It can also help in preventing pigment changes. This would be need to be scheduled to jump start your skin care program 2-3 months prior to laser and a second peel to be done 2 to 3 weeks before your DEKA laser day.

Celluma light therapy can help prepare your skin prior to the laser treatment in order to provide maximum results and quicken your recovery period. This light can also be used after the DEKA procedure to facilitate healing and increase anti-aging and skin rejuvenation benefits.

The DEKA eye rejuvenation ("Madonna Lift") protocol begins with an eye cream twice a day. Our office recommends Avéne Retrin A eyes. You can use this up until the day before you are scheduled for the laser treatment.

It is very important that you take the necessary steps to avoid sun (self tan as well) for 4-6 weeks prior to laser treatment.

We recommend spacing dermal fillers a month before or after your laser session - to give each time to heal.

Congratulations on taking steps to get the best possible outcome for your skin!

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