

# DERMAL FILLER

## PRE-TREATMENT INSTRUCTIONS

If you have a special event or vacation coming up, please keep in mind that you may want to schedule your treatment at least 2 weeks in advance.

You should not schedule any invasive procedures for 2 weeks before or after treatment with dermal fillers including but not limited to:

- Dental cleaning
- Flu Shot or symptoms
- Surgery of any kind
- Tattoo or permanent makeup

It is recommended that you discontinue the use of Aspirin, Motrin, Gingko Biloba, Garlic, Flax oil, Cod Liver Oil, Vitamin A, Vitamin E, or any other essential fatty acids at least 3 days to 1 week before and after treatment to minimize bruising and bleeding. Consult your physician prior to stopping any medication.

If you have a history of fever blisters (cold sores) with outbreaks more than 3 times a year you should start a prescription for prevention of this 2 days prior to appointment. We are happy to call that in to your pharmacy.

If you have a cold sore, infection, blemish or rash prior to injections we recommend that you reschedule appointment until this is resolved.

It is recommended to discontinue Retin A (retinols) 2-3 days prior to your appointment.

Please come for your appointment with a clean face as this will maximize your appointment time scheduled.

We look forward to working with you in this exciting step of dermal filler.

The Barber Center  
336-275-3430